



## **Modular Education Program for Activity Professionals-Part 1 Syllabus**

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### **Introduction:**

- MEPAP second edition historical perspective
- Unit Topics
- Course Structure
- Course and Practicum Requirements

### **Unit 1: Activity Service: Practice Settings- Core Content 1 and 2**

(Comp. 1-6 and 7-13)

- The Activity Profession
- Definition of Activity Services
- Professional Organizations (NAAP, NCCAP, NTRS)
- Activity Service Practice Settings
- Job Descriptions and Duties
- Interdisciplinary Team
- Continuum of Care
- Colloquy: Building Community

### **Unit 2: Gerontology and the Behavioral Sciences- Core Content 6**

(Comp. 37-42 and 43-44-48)

- Myths and Attitudes of Aging/Family and Community Influences
- Terms Associated with Aging
- Demography
- Sociological Theories of Aging/Patterns of Behavior
- Life Course and Life Span

### **Unit 3: Governmental and Social Systems: Long Term Care- Core Content 4, 5**

(Comp 26-31 and 32-36)

- Continuum of Care
- History of Long-term Care
- Structure, Types, Levels of Care
- OBRA '87- Requirements of Participation
- Resident Rights and Quality of Life
- Survey Process
- Process of Institutionalization
- Family Reactions
- Stages of Grief/Transition Behaviors
- Advocacy: in the Public Arena

### **Unit 4: The Role of the Activity Director: Professional Framework-Core 3**

(Comp 14-25)

- NAAP Standards of Practice and Code of Ethics
- Philosophy of Activities
- General Goals of the Program



- Job Descriptions and Duties
- History and CMS Revisions to F-TAG 679-680
- Behavioral Health F-Tag 740-744 Dementia
- Regulations: OBRA '87, Interpretive Guidelines, Texas Standards AL, MC, DAY
- Professional Standards: Identity, Growth, Contribution, Certification
- Research
- Advocacy

**Unit 5: The Adult Client Population-Core Content 7**  
(Comp 43-55)

- Physical/Biological Aspects of Aging
- Common disorders and Diseases
- Medical Terminology for the Activity Professional
- Sensory Process and Changes
- Psychosocial Aspects of Care
- Alzheimer's Disease and Related Disorders
- Impact of Illness and Dysfunction
- Common Psychological Disorders

**Unit 6: Professional Approach to Care-Care Planning Practices-Core Content 8 and 9**  
(Comp 56-62), (Comp 63-74)

- Interviewing Techniques/Professional Relationships
- Record Keeping
- Care Plan Components MDS, RAI
- Assessments and Tools
- Individualized Care Plans
- Activity Goals, Approaches and Progress Notes
- Interdisciplinary Approach to Care
- Clinical Language/Medical Abbreviations

**Unit 7: Activity Service: Design, Development and Evaluation-Core Content 10 and 11**  
**Service Delivery**  
(Comp. 75-85), (Comp 86-90)

- Program Development: Functional Levels and Program Types
- Population Assessment -Life Activity Areas: Individualizing activities
- Calendar Analysis and Audit
- Guidelines for Activity Development
- Activity Analysis and Outcomes
- Levels of Service (Large, small, individual, independent)
- Group Activities and Therapeutic Modalities
- Group Leadership
- Community Resources and Volunteer Management
- Equipment and Supplies

MEPAP Part 1 consists of 11 core content areas that are divided into 7 teaching units. Each class focuses on content, activity leadership, program development and resources.