

Habits and Preference “Life Story” Cards

Each statement or question can be rephrased according to the cognitive level of the person. Examples that are given are provided to help guide the interviewer to **use open ended, fill in the blank, and forced choice questions**. Both first person and third person samples are included. Often, it helps for the interviewer to “lead the way” and share their preferences to get started.

<p>I like a cup of hot tea. It brings me comfort. Is there a hot beverage that you like?</p>	<p>The best thing about morning is _____ _____ The morning routine that I (you) like to follow is _____</p>	<p>Hands do many things: wash dishes, rock babies, pet dogs, fix things, create artwork. What “things” have you done with your hands?</p>
<p>On a rainy day would you rather</p> <ul style="list-style-type: none"> • Sit outside and listen to the rain • Take a nap • Go fishing 	<p>I love the smell of _____ what smells good to you?</p> <p>Cue: roses, cinnamon, coffee, lemon, leather</p>	<p>I (you) like to get my news from</p> <ul style="list-style-type: none"> • The newspaper • Radio • Television
<p>Some of my (your) favorite TV programs are _____</p> <ul style="list-style-type: none"> • News • Sports • Comedies • Soap operas • Cooking shows • Worship services/spiritual 	<p>Where did you usually listen to music</p> <ul style="list-style-type: none"> • In the living room/den • In the car • Only at church or “out” 	<p>My (your) favorite singer is _____</p> <ul style="list-style-type: none"> • Frank Sinatra • Patsy Kline • Dean Martin
<p>When I (you) have a choice ,I like to listen to</p> <ul style="list-style-type: none"> • Talk Radio • Classical symphony • Broadway show tunes 	<p>For breakfast I like _____ _____ (OJ, eggs, toast, cereal, continental, yogurt, pancakes, oatmeal)</p>	<p>The best day of the week is ___ _____</p>

<p>Advice I have given my children or grandchildren is _____</p> <p>_____</p>	<p>Advice I'd give a first grader would be _____</p>	<p>It is important for me to visit with friends</p> <ul style="list-style-type: none"> • In the dining room • In my room • Over the telephone
<p>Others would describe me as</p> <ul style="list-style-type: none"> • Shy • Energetic • A thinker 	<p>I like JUNK food. My favorite is Veggie chips or peanut butter crackers. What's yours?</p>	<p>I prefer to drink water with lemon, do you have a preference?</p>
<p>When I was younger, I loved to _____</p> <p>_____</p>	<p>The first thing I did when I got (or get) home from work is _____</p> <p>_____</p>	<p>I was so proud when I saved enough money to buy _____</p> <p>_____</p>
<p>For your birthday would you like</p> <ul style="list-style-type: none"> • A dinner with family • A party with friends • A special evening out 	<p>If I could drive any car, I would drive a _____</p>	<p>In the kitchen, I made the BEST _____</p> <p>(Casseroles, BBQ, Cake, Pie, appetizer)</p>
<p>If you had 20.00 extra dollars, would you buy</p> <ul style="list-style-type: none"> • A Book • Clothing • Housewares 	<p>I prefer to participate in religious services by</p> <ul style="list-style-type: none"> • Watching on TV • Attending Bible study • Attending weekly services • Not important 	<p>The best way to eat ice cream is _____</p> <p>_____</p>
<p>My favorite outdoor pastime has always been _____</p> <p>_____</p>	<p>The magazine I like most is</p> <ul style="list-style-type: none"> • Reader's Digest • Newsweek • Time • Ladies Home Journal • Field and Stream • Other 	<p>The dance step that I did most was _____</p> <ul style="list-style-type: none"> • Foxtrot • Rhumba • Waltz • Twist • Jitterbug

<p>A like to play cards, especially hearts, crazy 8s and poker. Did you play cards with family or friends?</p>	<p>Would you like to learn.....</p> <ul style="list-style-type: none"> • Spanish • Poetry • Painting • Computer 	<p>What is your opinion on the benefits of exercise?</p> <p>Do you prefer to exercise alone or in a group?</p>
<p>I'd like to learn 42 or chicken foot. Did you play those domino games?</p>	<p>Would you describe yourself as Creative or social?</p>	<p>As a kid were you most likely to win a spelling bee or a math game?</p>
<p>I Love LUCY always makes me laugh. Do comedians like Abbot and Costello, Red Skelton, Johnny Carson make you laugh?</p>	<p>What is the secret to growing a good garden?</p>	<p>What do you like to do when you are alone (or by yourself)?</p> <p>" I like to look at pictures and read."</p>
<p>At my job, people always came to me when they needed _____</p> <p>_____</p>	<p>Everyone usually has a night time ritual like reading, watching TV or reading scripture. What helps you sleep?</p>	<p>What is your ideal vacation?</p>
<p>The time I (you) feel most bored is _____</p> <p>_____</p>	<p>What are your favorite foods?</p>	<p>Would you rather go to</p> <ul style="list-style-type: none"> • The mountains • The Beach • A museum?

<p>The best thing about having friends is _____ _____</p>	<p>Do you like hot dogs? If so what is the BEST topping to put on one? (explore other foods related to celebrations/sports)</p>	<p>Growing up, did you have one BEST friend or many friends?</p>
<p>What are 3 things you want others here to know about you!</p>	<p>Fruit salad is best made with Apples, pears, peaches, bananas, grapes????? Fresh or canned?</p>	<p>Do you think it is important to vote?</p>
<p>Let's find 3 things we have in common.</p>	<p>My favorite place to shop was _____ (Hardware store, book store, grocery store, sports store, department store.)</p>	<p>We do service projects here to support our troops. Does that interest you?</p>
<p>The "thing" I like most about living at (name of community) is _____</p>	<p>Do you have a favorite time of year?</p>	<p>Do you enjoy wine, beer or a frozen drink on occasion?</p>
<p>Would you rather hear a musical concert or watch a movie?</p>	<p>Have you enjoyed holding leadership positions in your life? Like serving on church committees, being part of an organization</p>	<p>How important is it for you to learn new things?</p>

<p>When you visit with others, what is a comfortable size group for you?</p>	<p>When you traveled, did you ever send postcards? “I have a postcard collection from all over the world.”</p>	<p>My real name is Natalie, but friends call me Nat. Do you have a name you prefer?</p> <p>Were you named for someone?</p>
<p>What items do you usually carry with you or like to have close by? (purse, keys, wallet, credit card (!), comb, picture, cross)</p>	<p>What are the most important tools to put in tool box?</p> <p>What must a fisherman have in a tackle box?</p> <p>What does a golfer carry in his bag?</p>	<p>What item is most important is a sewing kit?</p> <p>Knitting needles and crochet hooks come in different sizes, don't they!</p>
<p>Are you athletic or non-athletic?</p> <p>What's the secret of a winning team?</p>	<p>Things you liked to do around the house included:</p> <p>Cleaning Decorating Lawn care Car wash Painting “Fixing” Gardening Hanging clothes Child care Puttering in the garage</p>	<p>Tell something you have always liked to do throughout your life.</p> <p>Did you have a favorite game or toy?</p> <p>“I collect dolls, did you collect anything?”</p>
<p>Which spectator sport (teams) interests you?</p> <p>NASCAR Baseball Football Basket ball Golf Hockey</p>	<p>Which of these bring you a smile and a little joy?</p> <ul style="list-style-type: none"> • Babies and kids • Puppies or kittens • A bouquet of flowers • A pretty painting • A sunset • Butterflies • Beautiful music 	<p>What music do you most enjoy?</p> <ul style="list-style-type: none"> • Gospel • Country • Jazz • Classical • Patriotic • Rock • Blues <p>Have you ever worn headphones?</p>