



## Activity Professional Characteristics Survey

Please rate your strengths and/or knowledge in the following areas. After each statement write your comments or goals for future learning.

1=little knowledge or experience    2            3            4    5 =high level of expertise/desire

Characteristic	Rating
Has a sincere interest and desire to work with long term care clients/residents	
Believes that engaging in meaningful activities is important for all people	
Has a basic knowledge of the physical, psychosocial, cognitive and spiritual needs of older persons	
Has the ability to effectively communicate orally and through written word with staff, residents, family and the public	
Has a high energy level and a self-starter	
Has the ability to delegate job functions and supervise staff and volunteers	
Has the flexibility to work varied hours, including nights, weekends and holidays	
Shows sensitivity to the needs, interests and abilities of older, frail or disabled adults	
Is creative with ideas and problem solving	
Possesses organizational skills and the ability to reach long and short term goals	
Has the ability to motivate others	
Is a team player	
Has knowledge and sensitivity of cultural diversity	
Possesses a working knowledge of medical terminology	
Understand the impact of illness and chronic disease	
Has knowledge of dementia, including Alzheimer's Disease, and the impact of symptoms on behavior	
Demonstrates the ability to interview and listen effectively	
Has a basic knowledge of federal and state regulatory requirements for long term care facilities	
Has effective documentation skills, including assessment, goal setting, plans and approaches and evaluation	
Demonstrates effective group leadership skills and knowledge of group dynamics	
Possesses a comprehensive knowledge of leisure and recreational skills	
Has knowledge of community resources and networks	
Has the knowledge of resources for professional growth and development	
Demonstrates a working knowledge of computer applications for productivity, calendar and newsletter production, and program implementation.	

Identify 3 specific areas of for improvement as you pursue your activity professional career. What is your greatest strength that you will use as an activity professional?