

### The System of Activity Program Development

Scope of Programs/Types	Activity Interventions/Tools	Delivery of Activity Services	Adaptations	Activity Program Standards/Criteria
Physical/Movement Socialization/Communication Intellectual/Cognitive Recreational/Diversional Aesthetic/Creative Spiritual/Security Work/Volunteer	Art Audiovisual Presentations Cooking and Baking Crafts Current Events Dance Discussion Groups Drama Educational Classes Entertainment Exercise Exhibits Games Intergenerational Lectures Literature Music Nature Pets and Animals Parties and Socials Service Projects Special Events Sports Visitation Volunteer Worship	Individualized Large Group Small Group Independent/Self Directed Leadership/Life Role Environmental Approaches  <b>3 Dimensions of LE</b> Special Events, Traditions Weekly socialization and leisure/interest Daily normalization of habits and preferences	Task Segmentation/Simplification Physical Adaptations Visual Auditory Endurance (Physical or Cognitive) Age/Gender Cultural Diversity  <b>Leadership Styles</b> Resident-directed <i>Independent</i> Resident-facilitated <i>Assisted living</i> Resident-guided <i>Memory care</i> <i>Skilled nursing</i>	Examples: Social Program in the evening 1x per week 2 Sunday Entertainment Programs per month 1 Family/Resident Program per month 1 Music based activity per day 1 Intellectual/cognitive program 5 mornings a week 2 Physical/movement activities per day 1 outing per month 2 Community Special Events per year

