**A Guide to “Mapping Resources” for the Activity Professional**

**Where do I start my Internet journey?**

**The Long-Term Care Industry**

[www.theconsumervoice.org](http://www.theconsumervoice.org) Ombudsman, Rights, Resident Council, Consumer Fact Sheets

<https://www.argentum.org/> Senior Living Association, email updates

<https://www.leadingage.org/> Leading Age

<https://www.ahcancal.org/Pages/Default.aspx> American Health Care Association

[www.pioneernetwork.net](http://www.pioneernetwork.net) Advocacy for Culture Change

National Skilled Nursing Home Week

<https://www.ahcancal.org/events/national_skilled_nursing_care_week/Pages/default.aspx>

National Assisted Living Week

<https://www.ahcancal.org/ncal/events/nalw/pages/default.aspx>

National Adult Day Services Week

<https://www.nadsa.org/nationaladultdayservicesweek/>

National Activity Professionals Week

<https://naap.info/nap-week/>

**Federal Guidelines and Agencies**

Nursing Home Compare <https://www.medicare.gov/nursinghomecompare/search.html?>

F-Tag List 05/2020 <https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/GuidanceforLawsAndRegulations/Downloads/List-of-Revised-FTags.pdf>

F-Tags, Checklists and CMS Documents needed in the activity profession

<https://www.nccap.org/federal-regulations>

State Operations Manual Appendix PP (revision 11-22-17)

<https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/GuidanceforLawsAndRegulations/Downloads/Appendix-PP-State-Operations-Manual.pdf>

Resident Assessment Instrument RAI Manual (October 2019 version)

<https://downloads.cms.gov/files/mds-3.0-rai-manual-v1.17.1_october_2019.pdf>

Use Table of Contents to find Chapter 3, sections

C=Cognition

D=Mood

E=Behavior

F=Customary Habits and Routines

Appendix C=Care Area Assessment Resources CAA

#7 Psychosocial well-being

#10 Activities

**Appendix D=Interviewing to Increase Resident Voice**

MDS 3.0 Sample form Briggs

<https://www.briggshealthcare.com/assets/itemdownloads/1849P-19.pdf>

**Gerontology and the Aging Process**

National Institute on Aging<https://www.nia.nih.gov/>

Older Americans Month<https://acl.gov/oam/history>

Gerontological Society of America Careers in Aging Week

<https://www.geron.org/programs-services/careers-in-aging-week>

American Society on Aging <https://www.asaging.org/about-asa>

International Council on Active Aging <https://www.icaa.cc/>

Generations United <https://www.gu.org/>

**Medical and Health Related Information** *search by disease or health condition*

**Alzheimer’s Disease and Dementia**

**National Partnership-Dementia Care Resources CMS (a comprehensive list)** <https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertificationGenInfo/National-Partnership-Dementia-Care-Resources>

Alzheimer’s Association [www.alz.org](http://www.alz.org)

Alzheimer’s Foundation of America [www.alzfdn.org](http://www.alzfdn.org) (community classes)

Dementia Alliance [www.dementiaallianceinternational.org](http://www.dementiaallianceinternational.org)

Creative Writing [www.timeslips.org](http://www.timeslips.org) (creativity corner)

Alzheimer’s Poetry Project [www.alzpoetry.com](http://www.alzpoetry.com)

Special puzzles for dementia <http://www.puzzlestoremember.org/p/alzheimers-disease.html>

Brain Tour <http://www.alz.org/alzheimers_disease_4719.asp>

Brain Tour <http://www.alzheimersresearchuk.org/about-dementia/helpful-information/the-brain-tour/>

Hand in Hand CMS training Alzheimer’s Disease and Dementia

<https://qsep.cms.gov/pubs/HandinHand.aspx>

Alzheimer’s Association

CARES training

<https://www.hcinteractive.com/Basics>

National Council of Certified Dementia Practitioners

<https://nccdp.org/>

Dementia specific products [www.mind-start.com](http://www.mind-start.com)

Dementia and Montessori [www.keepingbusy.com](http://www.keepingbusy.com)

**Organizations that Support the Activity Profession**

National Association of Activity Professionals<https://naap.info/>

National Certification Council for Activity Professionals [www.nccap.org](http://www.nccap.org)

**Subscription Resources**

[www.activityconnection.com](http://www.activityconnection.com)

[www.goldencarers.com](http://www.goldencarers.com)

[www.notjustbingo.com](http://www.notjustbingo.com)

[www.creativeforecasting.com](http://www.creativeforecasting.com)

<http://www.activitymaterials.com/A-New-Day-Magazine-C12.aspx>

Ideas, Ideas, Ideas

[www.activitydirectorsoffice.com](http://www.activitydirectorsoffice.com)

[www.recreativeresources.com](http://www.recreativeresources.com)

[www.eldersong.com](http://www.eldersong.com)

[www.wisernow.com](http://www.wisernow.com)

***ActivTimes Favorites***

**Free Subscriptions and Tools-Sign up!**

[www.nextavenue.org](http://www.nextavenue.org)

<https://www.nextavenue.org/special-report/vitality-arts/>

“Where grown-ups keep growing”

[www.caringfortheages.com](http://www.caringfortheages.com)

The Society for Post-Acute and Long-term Care Medicine

<https://alzfdn.org/media-center/alzheimerstoday/>

AFA’s magazine for caregivers of individuals living with Alzheimer’s disease and related illnesses. Each issue provides helpful information from professionals and family caregivers, personal stories from people who have been affected by Alzheimer’s and tips on health and wellness.

<https://www.todaysgeriatricmedicine.com/>

News and Insights for Professionals in Eldercare

<https://www.icaa.cc/newsletter.htm>

International Council of Active Aging newsletter and magazine

<http://www.providermagazine.com/Pages/default.aspx>

Long Term and Post-Acute Care Magazine

<https://www.health.ny.gov/diseases/conditions/dementia/edge/index.htm>Electronic Dementia Guide for Excellence/strength-based care and interventions